



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## LAP POOL

**June 16 – June 28, 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CLOSED</b>	5:15 AM – 2 PM Lap Swim / Water Walk (6)	5:15 AM – 2 PM Lap Swim / Water Walk (6)	5:15 AM – 2 PM Lap Swim / Water Walk (6)	5:15 AM – 2 PM Lap Swim / Water Walk (6)	5:15 AM – 7 PM Lap Swim / Water Walk (6)	7:15 AM – 1:00 PM Lap Swim / Water Walk (6)
	2 – 7 PM Lap Swim (4) Swim Lesson (2)	2 – 7 PM Lap Swim (5) Swim Lesson (1)	2 – 7 PM Lap Swim (5) Swim Lesson (1)	2 – 7 PM Lap Swim (5) Swim Lesson (1)	<b>4:00 – 7:00 PM Lap Swim (4) 4:30-7:00PM Rock Wall (2)</b>	

- **(#) Denotes Available Lanes**

Schedule subject to change

- Children under the age of 8 must be accompanied by an adult in the water – within arm's reach.
- The lifeguard must be present and has the authority to enforce any rule necessary to ensure a safe pool environment.
- Food, drink, and gum are not permitted in pool area (water bottles are OK).
- All life jackets must be Coast Guard approved.
- Inflatables are not permitted
- Please lock your belongings in a locker. The Y is not responsible for personal property that has been lost, damaged, or stolen.
- Whirlpool and sauna are available to those 16 and older.
- Non-toilet trained children must wear rubber pants or swim diaper. Swim diapers are available for purchase at the front

# RECREATIONAL & ACTIVITY & THERAPY POOL

June 16 – June 28, 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	7 AM – 8 AM Open Swim ACTIVITY POOL CLOSED	7 AM – 11:00 AM Open Swim ACTIVITY POOL CLOSED	7 AM – 8 AM Open Swim ACTIVITY POOL CLOSED	7 AM – 11:00 AM Open Swim ACTIVITY POOL CLOSED	7 AM – 8 AM Open Swim ACTIVITY POOL CLOSED	7:15 AM – 2:30 PM Open Swim Activity Pool OPEN 10 AM – 2:30 PM June 21
	8 AM – 9AM Group Class Activity pool Closed Therapy pool Open	11 AM – 2:45 PM Swim Lessons and Group Class Therapy Pool Open Activity Pool Closed	8 AM – 9AM Group Class Activity pool Closed Therapy pool Open	11 AM – 2:45 PM Swim Lessons and Group Class Therapy Pool Open Activity Pool Closed	8 AM – 9AM Group Class Activity pool Closed Therapy pool Open	
CLOSED	9 AM – 11 AM Open Swim Activity Pool OPEN 10 AM – 11:00 PM		9 AM – 11:00 AM Open Swim Activity Pool OPEN 10 AM – 11:00 PM		9 AM – 11:00 AM Open Swim Activity Pool OPEN	
	11 AM – 2:45 PM Swim Lessons Therapy Pool Open Activity Pool Closed		11 AM – 3:30 PM Swim Lessons and Group Class Therapy Pool Open Activity Pool Closed		11 AM – 2:45 PM Swim Lessons Therapy Pool Open Activity Pool Closed	
CLOSED	2:45 PM – 4:30 PM Open Swim Activity Pool OPEN	2:45 PM – 4:15 PM Open Swim Activity Pool OPEN		2:45 PM – 4:15 PM Open Swim Activity Pool OPEN	2:45 – 7:30 PM Open Swim Activity Pool OPEN Activity Pool CLOSED June 27	
	4:30 PM – 7:00 PM Swim Lessons Activity pool Closed Therapy pool Open	4:15 PM – 7:00 PM Swim Lessons Activity Pool Closed Therapy Pool Open	3:30 PM – 4:30 PM Open Swim Activity Pool OPEN	4:15 PM – 7:00 PM Swim Lessons Activity Pool Closed Therapy Pool Open		
CLOSED	7 PM – 7:30 PM Open Swim Activity Pool OPEN Activity Pool CLOSED JUNE 23	7:00 PM – 7:30 PM Open Swim Activity Pool OPEN	4:30 PM – 7:00 PM Swim Lessons Activity Pool Closed Therapy Pool Open	7:00 PM – 7:30 PM Open Swim Activity Pool OPEN		
			7:00 pm – 7:30 PM Open Swim Activity Pool OPEN			