



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## LAP POOL

**May 12, 2025 – May 18, 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 AM - 1:00 PM Lap Swim / Water Walk (6)	5:15 AM – 5 PM Lap Swim / Water Walk (6)	5:15 AM – 5 PM Lap Swim / Water Walk (6)	5:15 AM – 5 PM Lap Swim / Water Walk (6)	5:15 AM – 5 PM Lap Swim / Water Walk (6)	5:15 AM – 5 PM Lap Swim / Water Walk (6)	7:15 AM – 1:00 PM Lap Swim / Water Walk (6)
	5 – 7 PM Lap Swim (4) Swim Lesson (2)	5 – 7 PM Lap Swim (5) Swim Lesson (1)	5 – 7 PM Lap Swim (5) Swim Lesson (1)	5 – 7 PM Lap Swim (5) Swim Lesson (1)	4:30 – 7:00 PM Lap Swim (4) Rock Wall (2)	

- **(#) Denotes Available Lanes**

### Schedule subject to change

- Children under the age of 8 must be accompanied by an adult in the water – within arm’s reach.
- The lifeguard must be present and has the authority to enforce any rule necessary to ensure a safe pool environment.
- Food, drink, and gum are not permitted in pool area (water bottles are OK).
- All life jackets must be Coast Guard approved.
- Inflatables are not permitted
- Please lock your belongings in a locker. The Y is not responsible for personal property that has been lost, damaged, or stolen.
- Whirlpool and sauna are available to those 16 and older.
- Non-toilet trained children must wear rubber pants or swim diaper. Swim diapers are available for purchase at the front

# RECREATIONAL & ACTIVITY & THERAPY POOL

May 12, 2025 – May 18, 2025

Sunday May 18	Monday May 12	Tuesday May 13	Wednesday May 14	Thursday May 15	Friday May 16	Saturday May 17
10:15 AM – 2:30 PM Open Swim <b>ACTIVITY POOL OPEN 10-2:30p</b>	7 AM – 8 AM Open Swim <b>ACTIVITY POOL CLOSED</b>	7 AM – 11:30 AM Open Swim <b>ACTIVITY POOL CLOSED</b>	7 AM – 8 AM Open Swim <b>ACTIVITY POOL CLOSED</b>	7 AM – 11:30 PM Open Swim <b>ACTIVITY POOL CLOSED</b>	7 AM – 8 AM Open Swim <b>ACTIVITY POOL CLOSED</b>	7:15 AM – 9 AM Open Swim <b>ACTIVITY POOL CLOSED</b>
	8 AM – 9 AM Group Class Activity pool Closed Therapy pool Open		8 AM – 9 AM Group Class Activity pool Closed Therapy pool Open		8 AM – 9 AM Group Class Activity pool Closed Therapy pool Open	9 AM – 11:00 PM Swim Lessons Activity pool Closed Therapy pool Open
	9 AM – 10 AM Open Swim <b>ACTIVITY POOL CLOSED</b>	11:00AM – 12:00 PM Group Class (Current time ends May 22) Activity pool Closed Therapy pool Open	9 AM – 10 AM Open Swim <b>ACTIVITY POOL CLOSED</b>	11:00 AM – 12:00 PM Group Class (Current time ends May 22) Activity pool Closed Therapy pool Open	9 AM – 10 AM Open Swim <b>Activity pool Open</b>	11 AM – 4:30 PM Open Swim <b>ACTIVITY POOL OPEN 1-3:00 PM</b>
	10 AM – 11 AM Group Class Activity pool Closed Therapy pool Open		10 AM – 11 AM Group Class Activity pool Closed Therapy pool Open		10 AM – 11 AM Group Class Activity pool Closed Therapy pool Open	
	11 AM – 1 PM Open Swim <b>ACTIVITY POOL CLOSED</b>		11 AM – 1 PM Open Swim <b>ACTIVITY POOL CLOSED</b>		11 AM – 1 PM Open Swim <b>Activity pool Open</b>	
		12:00 PM – 4:30 PM Open Swim <b>ACTIVITY POOL CLOSED</b>		12:00 PM – 4:30 PM Open Swim <b>Activity pool Open</b>		
	1 pm – 2 pm Group Class Activity pool Closed Therapy pool Open		1 pm – 2 pm Group Class Activity pool Closed Therapy pool Open		1 pm – 2 pm Group Class Activity pool Closed Therapy pool Open	
	2 PM – 5 PM Open Swim <b>ACTIVITY POOL CLOSED</b>		2 PM – 5 PM Open Swim <b>Activity pool Open 4-5p</b>			
	5 PM – 6:30 PM Swim Lessons / Group Class Activity pool Closed Therapy pool Open		5 PM – 6:30 PM Swim Lessons / Group Class Therapy pool Open	4:30 PM – 7:00 PM Swim Lessons / Group Class Activity pool Closed Therapy pool Open	2 PM – 7:30 PM Open Swim <b>Activity pool Open 3:30 – 6:30pm</b>	
	6:30 PM – 7:30 PM Open swim Rec Pool Open Therapy pool Open <b>Activity pool Open 6:30 – 7pm</b>					
		7 PM – 7:30 PM Open Swim <b>Activity Pool Closed</b>	6:30 PM – 7:30 PM <b>Activity pool Open 6:30 – 7:30pm</b> Open Swim	7:00 PM – 7:30 PM Open Swim <b>ACTIVITY POOL CLOSED</b>		