



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WINTER YOUTH SPORTS SESSION 1

YOUTH SPORTS CLINICS - November 25 - December 19, 2024

This program is designed for boys and girls to learn the basic skills of the sport. The 1st week will be a one hour practice. The next 3 weeks will be a 30 minute practice followed by a 30 minute scrimmage. Teams will mix up each week so kids get a chance to play with different players.

Soccer

Grades K-2	WEDNESDAYS	5:30-6:30pm	\$40/Member & \$55/Non-member
Grades 3-6	WEDNESDAYS	5:30-6:30pm	\$40/Member & \$55/Non-member

MICRO SPORTS - November 25 - December 19, 2024

Micro sports are designed for boys and girls ages 3-5 years old. Parents participation is REQUIRED. Each week we will teach the basic skills of the sport while incorporating fun games.

Soccer	MONDAYS	4:30-5:15pm	\$25/Member & \$40/Non-Member
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TAEKWONDO - December 5th - December 26th

This an education based class to spark interest in our youth. They will learn and practice the basics of self defense, discipline, and other fun skills.

Taekwondo	THURSDAYS	4:30-5:30pm	\$40/Member & \$55/Non-Member
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Contact info: Baxter Arndt
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Register at the South Wood County YMCA or online at www.swcymca.org.