

MASTERS' WATER WARRIORS

IMPROVE YOUR SKILLS, MEET NEW PEOPLE & WORK HARD!

MON / WED / FRI: 5:30-7:00AM

STARTS MON OCTOBER 14, 2024 - NOV 22, 2024

EMAIL: DEGROOT@SWCYMCA.ORG FOR MORE INFO!

Join Julia De Groot and other coaches in 18 invigorating practice sessions. Whether you're looking to enhance your skills, stay fit, or challenge yourself in the water, we tailor to every skill level!

OPEN WATER / TRIATHLETES
RECREATIONAL / COMPETITIVE ATHLETES
ADAPTIVE SWIMMERS
REHABILITATION MEMBERS

Members: \$90

Non-Members: \$150

Register online or at the front desk

Adults 18+

