

#### FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## LAP POOL Oct 27- Nov 2, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim / Lap Swim / Water Walk (6) Water Walk (4)	Masters Swim (2) Lap Swim /	5:15 AM – 7:00 PM Lap Swim / Water Walk (6)	5:15 AM – 7:00AM Masters Swim (2) Lap Swim / Water Walk (4)	5:15 AM – 7:00 PM Lap Swim / Water Walk (6)	5:15 AM – 4:30 PM Lap Swim / Water Walk (6) 7:00 AM – 7:00 PM Lap Swim / Water Walk (6)	7:00 AM – 1:00 PM Lap Swim / Water Walk (6)
			7:00 AM – 7:00 PM Lap Swim / Water Walk (6)		4:30 – 7:00 PM Lap Swim (4) Rock Wall (2)	

• (#) Denotes lanes available

### **THERAPY POOL**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:00 – 11:00 AM Open –Adults Only					7:00-11:00 AM
10:15 AM-2:15 PM						
Open	Open					Only
	11:00 – 7:45PM					

# **KIDS' ACTIVITY POOL**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00-11:00 AM		9:00-10:00am	
			Open Swim		Swim Lessons	9:00 AM - 12:00
10:15 AM-2:15 PM	9:00 AM – 6:00 PM	9:00 AM – 6:00 PM	11:00 AM - 1:00 PM	9:00 AM – 6:00 PM		PM
Open	Open Swim	Open Swim	Open Swim **	Open Swim		Open Swim
					10:00 AM – 4:00 PM	
					Open Swim	12:00 – 4:45 PM
						Open Swim **
			1:00-6:00 PM			
			Open Swim			
	6:00 - 7:45 PM	6:00 - 7:45 PM	6:00 - 7:45 PM	6:00 - 7:45 PM	4:00 – 7:45 PM	
	Open Swim **	Open Swim **	Open Swim **	Open Swim **	Open Swim **	

## **RECREATIONAL POOL**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 AM-2:15 PM Open		7:00	) AM – 7:45 PM Open Swim			7:00 AM – 4:45 PM Open Swim

Water Features will ONLY be on when marked with an <u>asterisk \*\*</u>

Open swim times are highlighted

Schedule subject to change

- Children under the age of 8 must be accompanied by an adult in the water within arm's reach.
- The lifeguard must be present and has the authority to enforce any rule necessary to ensure a safe pool environment.
- Food, drink, and gum are not permitted in pool area (water bottles are OK).
- All life jackets must be Coast Guard approved.
- Inflatables are not permitted
- Please lock your belongings in a locker. The Y is not responsible for personal property that has been lost, damaged, or stolen.
- Whirlpool and sauna are available to those 16 and older.
- Non-toilet trained children must wear rubber pants or swim diaper. Swim diapers are available for purchase at the front desk.

### John E Alexander South Wood County YMCA