

FLAG FOOTBALL

Boys and girls are introduced to the fundamentals of flag football. Players will learn how to play through drills and games lead by volunteer coaches & Y Staff. Each child will receive a t-shirt and mouth guard. The schedule consists of 1 week of practice and 5 weeks of games on Saturdays.

Ages 3–5 requires parent participation and consists of 6 weeks of drills and fun games lead by Y staff.

FALL 2024 SEPTEMBER 14 – OCTOBER 19

- Skills & form techniques
- **⊘** Strategy & teamwork exercises
- **⊘** Fun practices & games on Saturdays
- Ages 3-5 \$30/Member & \$45/Non-member
- Grades 1-3 \$40/Member & \$55/Non-member
- Grades 4-6 \$40/Member & \$55/Non-member

South Wood County YMCA 601 W. Grand Ave., Wisconsin Rapids, WI 54495

REGISTER TODAY!

www.swcymca.org







REGISTRATION DEADLINE IS AUGUST 30TH.

Contact Baxter Arndt, Sports & Camp Director 715-818-6010 or arndt@swcymca.org