



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LAP POOL

April 29<sup>th</sup> – May 5<sup>th</sup>, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Pool Closed for Swim Clinic	5:15 AM – 5:30 PM Lap Swim / Water Walk (6)	5:15 AM – 7:00 PM Lap Swim / Water Walk (6)	5:15 AM – 7:00 PM Lap Swim / Water Walk (6)	5:15 AM – 5:30 PM Lap Swim / Water Walk (6)	5:15 AM – 4:30 PM Lap Swim / Water Walk (6)	7:00 AM – 8:00 AM Lap Swim / Water Walk (6)
	5:30 – 7:30 PM Lap Swim (3) Spring Stroke Series (3)					5:30 – 7:30 PM Lap Swim (3) Spring Stroke Series (3)

- (#) Denotes lanes available

# THERAPY POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM – 2:45 PM Open Swim	7:00 – 9:00 AM Open – Adults Only					7:00 – 11:00 AM Open – Adults Only
						11:00 AM – 4:45 PM Open
	9:00 AM – 7:45 PM Open					

# KIDS' ACTIVITY POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM – 2:45 PM Open Swim	9:00 AM – 6:30 PM Open Swim	9:00 AM – 6:30 PM Open Swim	9:00 – 11:00 AM Open Swim	9:00 AM – 6:30 PM Open Swim	9:00 AM – 4:00 PM Open Swim	9:00 AM – 2:30 PM Open Swim
			11:00 AM – 1:00 PM Open Swim **			2:30 – 4:45 PM Open Swim **
	6:30 – 7:45 PM Open Swim **	6:30 – 7:45 PM Open Swim **	1:00 – 6:30 PM Open Swim	6:30 – 7:45 PM Open Swim **	4:00 – 7:45 PM Open Swim **	

- Water Features will ONLY be on when marked with an asterisk \*\*
- Open swim times are highlighted

Schedule subject to change

- Children under the age of 8 must be accompanied by an adult in the water – within arm's reach.
- The lifeguard must be present and has the authority to enforce any rule necessary to ensure a safe pool environment.
- Food, drink, and gum are not permitted in pool area (water bottles are OK).
- All life jackets must be Coast Guard approved.
- Inflatables are not permitted
- Please lock your belongings in a locker. The Y is not responsible for personal property that has been lost, damaged, or stolen.
- Lap pool will be open to 2 people per lane during swim times.
- Whirlpool and sauna are available to those 16 and older. Whirlpool is a 10-person maximum, and sauna is a 6-person maximum.
- Non-toilet trained children must wear rubber pants or swim diaper. Swim diapers are available for purchase at the front desk.



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# RECREATIONAL POOL

April 29<sup>th</sup> – May 5<sup>th</sup>, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM – 2:45 PM Open Swim	7:00 AM – 7:45 PM Open Swim					7:00 AM – 4:45 PM Open Swim

- Open swim times are highlighted

Schedule subject to change

- Children under the age of 8 must be accompanied by an adult in the water – within arm’s reach.
- The lifeguard must be present and has the authority to enforce any rule necessary to ensure a safe pool environment.
- Food, drink, and gum are not permitted in pool area (water bottles are OK).
- All life jackets must be Coast Guard approved.
- Inflatables are not permitted.
- Please lock your belongings in a locker. The Y is not responsible for personal property that has been lost, damaged, or stolen.
- Lap pool will be open to 2 people per lane during swim times.
- Whirlpool and sauna are available to those 16 and older. Whirlpool is a 10-person maximum, and sauna is a 6-person maximum.
- Non-toilet trained children must wear rubber pants or swim diaper. Swim diapers are available for purchase at the front desk.