



**SOUTH WOOD COUNTY YMCA**  
**SATURDAY, APRIL 20, 2024**  
**11:00-1:00PM**

Healthy Kids Day® is a national annual event celebrated at Ys across the country to help inspire healthy habits in kids and families. For more than 30 years, Ys have celebrated Healthy Kids Day by hosting a **FREE COMMUNITY EVENT** focused on active physical play, nutrition education, STEM and the arts, and much more. All activities are designed to inspire kids to get active while teaching families how to develop routines that support mental and physical health at home.

**EVENT ACTIVITIES:**

- Vendors
- Games & Crafts
- Face painting
- Swimming
- Fitness exercises
- Vision screenings
- Free bike raffles
- Police cars
- Fire trucks
- Food trucks

South Wood County YMCA  
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