



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL

March 24th – 30th, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM – 1:00 PM Lap Swim / Water Walk (6)	5:30 AM – 10:00 AM Lap Swim / Water Walk (6)	5:30 AM – 1:00 PM Lap Swim / Water Walk (6)	5:30 AM – 10:00 AM Lap Swim / Water Walk (6)	5:30 AM – 7:00 PM Lap Swim / Water Walk (6)	5:30 AM – 4:30 PM Lap Swim / Water Walk (6)	7:00 AM – 1:00 PM Lap Swim / Water Walk (6)
	10:00 AM – 1:00 PM Lap Swim (3) Lifeguard Class (3)	1:00 PM – 4:00 PM Lap Swim (3) Lifeguard Class (3)	10:00 AM – 4:00 PM Lap Swim (3) Lifeguard Class (3)			
	1:00 PM – 7:00 PM Lap Swim / Water Walk (6)	4:00 PM – 7:00 PM Lap Swim / Water Walk (6)	4:00 – 7:00 PM Lap Swim (4) Rock Wall (2)		4:30 – 7:00 PM Lap Swim (4) Rock Wall (2)	

- (#) Denotes lanes available

THERAPY POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM – 2:45 PM Open Swim	7:00 – 9:00 AM Open – Adults Only					7:00 – 9:45 AM Open – Adults Only
	9:00 AM – 7:45 PM Open					9:45 AM – 1:00 PM Easter Egg Swim
						1:00 – 4:45 PM Open

KIDS' ACTIVITY POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM – 1:00 PM Open Swim **	9:00 AM – 12:00 PM Open Swim **	9:00 AM – 12:00 PM Open Swim	9:00 AM – 12:00 PM Open Swim **	9:00 AM – 12:00 PM Open Swim	9:00 AM – 12:00 PM Open Swim **	9:00 – 9:45 AM Open Swim
1:00 – 2:45 PM Open Swim	12:00 PM – 4:00 PM Open Swim	12:00 PM – 4:00 PM Open Swim **	12:00 PM – 4:00 PM Open Swim	12:00 PM – 4:00 PM Open Swim **	12:00 – 4:00 PM Open Swim	9:45 AM – 1:00 PM Easter Egg Swim
	4:00 – 7:45 PM Open Swim **	4:00 – 7:45 PM Open Swim	4:00 – 7:45 PM Open Swim	4:00 – 7:45 PM Open Swim	4:00 – 7:45 PM Open Swim **	1:00 – 3:00 PM Open Swim **
						3:00 – 4:45 PM Open Swim

- Water Features will ONLY be on when marked with an asterisk **
- Open swim times are highlighted

Schedule subject to change

- Children under the age of 8 must be accompanied by an adult in the water – within arm's reach.
- The lifeguard must be present and has the authority to enforce any rule necessary to ensure a safe pool environment.
- Food, drink, and gum are not permitted in pool area (water bottles are OK).
- All life jackets must be Coast Guard approved.
- Inflatables are not permitted
- Please lock your belongings in a locker. The Y is not responsible for personal property that has been lost, damaged, or stolen.
- Lap pool will be open to 2 people per lane during swim times.
- Whirlpool and sauna are available to those 16 and older. Whirlpool is a 10-person maximum, and sauna is a 6-person maximum.
- Non-toilet trained children must wear rubber pants or swim diaper. Swim diapers are available for purchase at the front desk.



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RECREATIONAL POOL

March 24th – 30th, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM – 2:45 PM Open Swim	7:00 AM – 7:45 PM Open Swim					7:00 AM – 9:45 AM Open Swim
						9:45 AM – 1:00 PM Easter Egg Swim
						1:00 PM – 4:45 PM Open Swim

- Open swim times are highlighted

Schedule subject to change

- Children under the age of 8 must be accompanied by an adult in the water – within arm's reach.
- The lifeguard must be present and has the authority to enforce any rule necessary to ensure a safe pool environment.
- Food, drink, and gum are not permitted in pool area (water bottles are OK).
- All life jackets must be Coast Guard approved.
- Inflatables are not permitted.
- Please lock your belongings in a locker. The Y is not responsible for personal property that has been lost, damaged, or stolen.
- Lap pool will be open to 2 people per lane during swim times.
- Whirlpool and sauna are available to those 16 and older. Whirlpool is a 10-person maximum, and sauna is a 6-person maximum.
- Non-toilet trained children must wear rubber pants or swim diaper. Swim diapers are available for purchase at the front desk.