



PERSONAL TRAINING BUDDY TRAINING

Partner fitness for accountability and fun!

GET FIT WITH A PARTNER!

Bring a friend, family member or spouse to keep each other accountable in your training. We can make it fun, and you can save some \$!



60 minute sessions

5 sessions: \$300

10 sessions: \$500

Requirements

At least one participant must be a member.

Limit two participants per session.



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