

Lets get moving!

For youth development® For healthy living For social responsibility

SPRING YOUTH SPORTS

YOUTH SPORTS - April 1 - May 10, 2024 (6 weeks)

Beginner PickleballGrades 3-12MONDAYS4:30-5:15pm\$40/Member & \$55/Non-memberBeginner pickleball is designed to teach the basics of the game including the rules, scoring, and how to hit the ball properly.

Intermediate Pickleball Grades 3-12 MONDAYS 5:30-6:30pm \$40/Member & \$55/Non-member With a general understanding of the rules and scoring, boys and girls will be immersed in gameplay working on technique, positioning, and advanced skills.

Outdoor SoccerGrades K-2TUESDAYS4:30-5:30pm\$40/Member & \$55/Non-memberPlayers will work on basic soccer skills and scrimmage as the season progresses.

Outdoor SoccerGrades 3-6TUESDAYS5:45-6:45pm\$40/Member & \$55/Non-memberPlayers will work on basic and technical soccer skills and scrimmage as the season progresses.

DodgeballGrades 3-6THURSDAYS 4:30-5:30pm\$40/Member & \$55/Non-memberReady for dodgeball!? Each week we will play different types of dodgeball. Having fun and staying safe is the name of the game.

MICRO SPORTS - April 1 - May 10, 2024 (6 weeks)

Micro sports are designed for boys and girls ages 3-5 years old. Parents participation is REQUIRED. Each week we will teach the basic skills of the sport while incorporating fun games.

SoccerWEDNESDAYS4:30-5:15pm\$30/Member & \$45/Non-MemberOUTDOOR ADVENTURERS - March 25 - March 28, 2024 (Spring Break)

Outdoor Adventurers takes place at Camp Alexander where kids ages 6-12 will have the opportunity to hike, play games, make smores, and explore nature. The focus of this program is to have fun outdoors and make new friends. Adventurers are encouraged to pack a snack and water. You never know what mother nature might surprise us with so dress for the weather and be prepared to have fun!

March 25-28 Monday—Thursday 9:00am-12:00pm \$45/Member & \$55/Non-Member

* Registration deadline is March 22, 2024. Up to 20 participants. Sign up quick!

Register at the South Wood County YMCA or online at <u>www.swcymca.org</u>.



Contact info: Baxter Arndt Sports & Camp Director arndt@swcymca.org